

2024 JUDO SASKATCHEWAN WINTER CAMP



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| Date: | January 5, 6 & 7, 2024 |
| Location: | Watrous Civic Center 127 Main Street Watrous, SK |
| Head Coach | Josh Hagen , High Performance Coach & Director of Development |
| Special Guest Coach | Antoine Bouchard 5 th at 2016 Olympics, Pan American Champion, 2015, 2018, 2020 Pan American bronze medalist 2016, 2019, 2022 |
| Provincial Club Coaches | tbd |
| Arrival Time: | 5:30 – 6:00 PM on Friday January 5th, 2024 |
| Departure Time: | 1:00 PM on Sunday January 7th, 2024 |
| Registration Fee: | \$100 if you register prior to December 23, 2023 \$125 after Dec 23 and prior to January 1, 2024 \$50 single day |
| Registration: | https://registration.judocanada.org/event/2024JudoSKWinterCamp |
| Minimum Age: | 8 years old |
| Minimum Rank: | Yellow belt |
| Eligibility: | Member in good standing with your provincial association |
| Athletes will need to bring: | <ul style="list-style-type: none">• sleeping bag & pillow to sleep on the mats• night clothing and changes of clothing• Judogi x 2• Flip flops• Towel• Water Bottle• Indoor training gear• Tape• Toiletries• Hand Sanitizer |
| Meals | Snack Friday after practice Breakfast, Lunch, Supper and snacks will be provided Saturday Breakfast and Lunch will be provided Sunday |
| Accommodation: | Camp is designed to be an overnight event but staying at the venue is not mandatory. If you wish to attend camp but have other sleeping arrangements; please email Greg Cooper at gregorycooper@telus.net prior to the start of camp. |