

# Regina Y Judo Club



## Ne-waza competition for U8, U10, U12, U14 and Senior competitors.

**TOURNAMENT LOCATION:** 1256 Cornwall Street, Regina SK

**DATE:** Sunday November 1, 2026

**CHIEF OFFICIAL:** Tony Showchuk

**CHIEF REFEREE:** Jack Karaim

**TOURNAMENT DIRECTOR:** Jeff Eggen

**Registration Time:** 9:30 AM – 11 AM for U8 to U12. 1 PM - 2 PM for U14 / Seniors.

There will be no official weigh in for any athletes. Coaches will weight their own competitors in their gi pants and t shirt and send their weights in by email to [reginayjudo@gmail.com](mailto:reginayjudo@gmail.com) by Friday October 31 at midnight. Draw sheets will be made based on entries according to relative size and number of entries. Athletes wishing to move up into older divisions must have permission from their coaches and be approved by the tournament director.

**Competition Start Time:** 11:00 AM.

**Order of competition:** U12, U10, U8, (attempts will be made to get all competitors 4-5 matches in each group). There will be a break and time to warm up for older categories. U14, Senior ne-waza start no sooner than 2 PM. These categories will have medals for top 3 placings.

**Registration fees:** \$30.00 all divisions.

**Referee Meeting:** 10:30 AM

**\*\*\*\*\*Draw Format for ne-waza\*\*\*\*\*:**

- For **U8** divisions, these will be exhibition matches to allow coaches and competitors to be on the mat at the same time to learn the ne-waza tournament system. These matches will be 1 minute and 30 seconds in length straight time with no scoring. All competitors will receive a medal.
- For **U10** divisions, Draws will be made for the divisions based on entries. A round robin pool system will be used where each entrant will compete against the other pool members. These matches will be 2 minutes in length straight time with no scoring. All competitors will receive a medal.
- For **U12** divisions, Draws will be made for the divisions based on entries. A round robin pool system will be used where each entrant will compete against the other pool members. These matches will be 2 minutes in length straight time with no scoring. All competitors will receive a medal.
- For **U14** divisions, Draws will be made for the divisions based on entries. A round robin pool or double knock out will be used. These matches will be 3 minutes in length stop time with Judo Canada rules and scoring. Golden score will apply if the match is tied at the end of regulation time. Only competitors placing first second or third will receive a medal.
- For **Senior** divisions, Draws will be made for the divisions based on entries. A round robin pool or double knock out will be used. These matches will be 3 minutes in length stop time with Judo Canada rules and scoring. Golden score will apply if the match is tied at the end of regulation time. Only competitors placing first second or third will receive a medal. Grading points as per Judo Canada Syllabus.

**Tournament Guidelines:**

- **Judo Saskatchewan** rules to be used.
- Members must be in good standing with Judo Saskatchewan.
- The ne-waza competition is open to all belt ranks.
- There will be no shime waza or kansetsu waza for any U14 and under matches.
- The tournament committee reserves the right to make any changes necessary in the best interest of the athletes.
- Age and divisions may be combined if unsuitable numbers of athletes are registered in a division.
- Females must wear a plain white shirt under their judogi.

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JUKODA'S NAME: \_\_\_\_\_  
(Last Name) (First Name)

BIRTH DATE: (year) \_\_\_\_\_ (month) \_\_\_\_\_ (day) \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

RANK: \_\_\_\_\_  
(Belt Color)

**CATEGORY:** \_\_\_\_\_ **APPROXIMATE WEIGHT:** \_\_\_\_\_ **KG**

JUDOKA'S ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ PHONE \_\_\_\_\_

JUDO CLUB: \_\_\_\_\_

SENSEI: \_\_\_\_\_

**RELEASE, INDEMNITY, WARRANTY REGISTRATION AND ASSUMPTION OF RISK**

In consideration of your acceptance of this entry to the Provincial Ne-waza / Tachi-waza Judo Tournament hosted by Regina Y Judo Club, I for myself (contestant's name)

\_\_\_\_\_, my heirs, executors, administrators and assigns, do hereby release and discharge the Saskatchewan Kodokan Black Belt Association ("Judo Saskatchewan"), Regina Y Judo Club and the officers, directors, employees, volunteers and any and all representatives of each organization from any and all claims or demands, losses, or injuries incurred or sustained by me (parent's name as contestant is less than 18 yrs)

\_\_\_\_\_ as a result of attending, competing in, practicing for or travelling to or from the 2026 Regina Y Judo Club Ne-waza Judo tournament held in Regina, Saskatchewan.

\_\_\_\_\_  
Parent/Guardians Signature

\_\_\_\_\_  
Date