



## THE WESTERN CANADIAN KATA CHAMPIONSHIP

- SANCTIONED by:** Judo Canada and Judo Saskatchewan
- CLINIC DATE:** Judo Saskatchewan will host a kata clinic on Friday January 26, 2024 at the Regina Y Judo Club, **1256 Cornwall Street, Regina SK**
- TOURNAMENT DATE:** Saturday January 27, 2024
- VENUE:** **Regina Sportsplex** (Fieldhouse)  
1717 Elphinstone Street, Regina, Saskatchewan
- KATA TOURNAMENT DIRECTOR :** Kim Bergey-Kaip [kata@judosask.ca](mailto:kata@judosask.ca)  
**KATA CHIEF JUDGE:** Mohamad R. Hassani- [mohdia@sympatico.ca](mailto:mohdia@sympatico.ca)
- ELIGIBILITY:** Members in good standing with Judo Saskatchewan / Judo Canada or an organization recognised by the IJF.

### KATA & DIVISIONS

#### Senior (2009 & earlier)

Nage-no-kata (3 sets)  
Nage-no-kata (5 sets)  
Katame-no-kata  
Kodokan Goshin-Jutsu  
Ju-no-kata  
Kime-no-kata

#### U23 (2002 –2009)

Nage-no-kata (3 sets)  
Nage-no-kata (5 sets)  
Katame-no-kata  
Kodokan Goshin-Jutsu  
Ju-no-kata  
Kime-no-kata

#### U16 (2009-2010)

Nage-no-kata (3 sets)  
Nage-no-kata (5 sets)  
Kodokan Goshin-Jutsu  
Ju-no-kata

**Tori:** Senior: Brown belt (Ikkyu) minimum  
U23: Green belt (Sankyu) minimum  
U16: Orange belt (Yonkyu) minimum

**Uke:** Senior: Brown belt (Ikkyu) minimum  
U23: Green belt (Sankyu) minimum  
U16: Orange belt (Yonkyu) minimum

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**NOTE:** The age division will be determined by the oldest partner.

A maximum of two (2) different katas per age division as Tori and/or Uke.

**COST:** For the tournament:

- 50 \$ CND per participant for one (1) or two (2) katas.
- 90 \$ CND per participant for three (3) or four (4) katas.
- If you change partners, you become another team
- There will be no reimbursement unless the tournament is cancelled.

**REGISTRATION:** All participants must register on line at:  
<https://registration.judocanada.org/event/2024WCOKC>  
Both Uke and Tori must register and pay separately.  
Registration closes: Friday, January 19, 2024

**TOURNAMENT:** Saturday Morning: (warm up at 7:00) .  
Competition **starts 8:00 sharp.**  
**Note:** the order of kata will be announced at 7:00 AM.

**RULES AND REGULATIONS:** The tournament will follow Judo Canada and the 2022 IJF rules and regulations in judging this tournament.

Judo Canada judogis rules must be followed.

Female participants must wear a white T-Shirt with short sleeves and a round collar (no V necks) under their judogi. The shirt must be long enough to tuck into the judogi pants..

The judogi must be white. No judogi of any other colour will be accepted.

No musical katas are accepted.

There are no gender divisions in the tournament. The female, male and mixed couples are accepted.

**SURFACES:** There are two (2) surfaces of competition of eight (8) meters by eight (8) meters with a four (4) meter security between them.

A white strip of tape, 50 cm long, will be fixed at six (6) meters at the center of the competition area to indicate the starting positions for Tori and Uke. There will also be a tape indicating the center of the competition area.

**INJURIES:**

If Tori and Uke are not able to continue for reasons of an injury, sickness, or an accident during the execution of the kata, the pair will be eliminated from the tournament.

In case of Minor injury like bloody wound, broken nail or a problem with contact lenses, according to the decision of the judges, the Kata execution will be stopped, and the athlete will be assisted by a Sport Therapist out of the competition area. The competition will continue, and the pair will repeat entirely the Kata soon after the last called pair.

In case a new Minor injury happens to the same athlete during the second execution of Kata, the pair will be considered out of competition.

In the case that a Minor injury happens after a forgotten technique or a major mistake, the pair will be considered out of competition.

**SCHEDULE:**

|                       | <b>Friday January 20</b>                | <b>Venue</b>              |
|-----------------------|---|---------------------------|
| <b>9:00 – 4:00 PM</b> | <b>Kata Clinic</b>                      | <b>Regina Y Judo Club</b> |
| <b>6:00 – 8:00 PM</b> | <b>Kata Judges Meeting</b>              | <b>Host Hotel</b>         |
|                       | <b>Saturday January 21</b>              |                           |
| <b>7:00 AM</b>        | <b>Kata warm-up</b>                     | <b>Regina Sportsplex</b>  |
| <b>7:00 AM</b>        | <b>Order of presentations announced</b> |                           |
| <b>7:30 AM</b>        | <b>Kata Judges Meeting</b>              |                           |
| <b>8:00AM</b>         | <b>Kata Competition starts</b>          |                           |

**ACCOMODATION:**

**Four Points by Sheraton Regina**

2415 Dewdney Ave Regina, SK, S4R 8R2

Phone: 306-789-8008

Email: [sales@fourpointsregina.com](mailto:sales@fourpointsregina.com)

Rate: \$119/night plus taxes (double queen)

Rates will be available **Jan 25, 26 & 27 2023**

**Block Code: JU2083**

Block of 30 rooms reserved for Fri & Saturday Jan 26 & 27, 2024

Block of 10 rooms reserved for Thursday January 25, 2024

Deadline: **25 Dec 2023**

**The Atlas Hotel**

4177 Albert Street, Regina SK S4S 3R6

Phone: **1-306-586-3443**

Email: [questambassador@atlashotel.com](mailto:questambassador@atlashotel.com)

Rate: \$149.95/night plus taxes (2 adults + 3 kids)

Rates will be available **Jan 25, 26 & 27 2023**

**Block Code: 01254JUD**

Block of 50 rooms reserved for Fri & Saturday Jan 26 & 27, 2024

Block of 10 rooms reserved for Thursday January 25, 2024

Deadline: **29 Dec 2023**